

# OVERDOSE PREVENTION HELPLINE

1-800-972-0590

## WHAT IT IS

- A helpline to call while using substances so you never have to use alone. The operator will only ask your location.
- Medical services are only called if you become unresponsive.
- You will share what substance you are using to determine call length.
- When the call ends, you can go about your day!

## WHO IT IS

- Staffed by Harm Reduction workers and people with lived experience.
- Created by someone with lived experience with overdose.
- The goal of the helpline is to prevent overdoses. Substance use treatment will **never** be pushed.

## TIPS FOR CALLING

- Have your substance and supplies ready to go before calling. The call length begins when the substance is first used. Being ready to go makes the call as brief as possible.
- Put away other substances or safe use supplies. If EMS is called, it is good to have all drug-related personal items out of sight.

## GOOD TO KNOW

- You can refuse transport to the hospital after overdosing if you are conscious.
- MOPH operators are not mandated reporters.
- Location data is never stored.
- Conversation is not required - only confirmation that you are still alert and aware.



MASSACHUSETTS  
**OVERDOSE**  
PREVENTION HELPLINE

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